

Spiritual Counselling Course – Frequently Asked Questions

"I am a qualified/experienced counsellor, will the counselling skills on this course be too basic for me?"

- Although we offer counselling skills at a certificate level, we are applying those skills within a different context and therefore the way we use those skills may be different. In addition we are building in energetic skills that are not found on conventional courses such as intuitive listening, working with intuitive messages, building an energetic relationship with clients, and specific spiritual issues you may meet.

"Why 'spiritual' counselling?"

- Whilst counselling has become more popular, it leans towards the intellectual and behavioural. We are including the psychic, creative and spirituality of individuals.
- People who have a strong spiritual practice find it difficult to express their truths in an environment with little awareness, and thus they feel excluded from conventional therapies and often from conventional counselling courses. The freedom to express their truths can be an important part of their healing process. We are catering for this excluded minority.
- There is an explosion of complementary practitioners who need an ethical working practice, alongside their work. Conventional counselling courses do not often address their needs
- There is a growing interest in the exploration of different spiritual practices and altered states of being.

"Can I spread the cost of the course over a number of months?"

- Yes you can. The deposit will secure you place on the course. The balance will need to be paid on the first day of your course when you arrive for registration. If you wish, you can instead provide us with either five or ten post-dated cheques dated for consecutive months. If you use the post-dated cheques there is a £10 administrative charge.

"What is the CPCAB and what does the CSK02 certificate mean and cost?"

- CPCAB stands for the Counselling and Psychotherapy Central Awarding Body, one of the two main counselling accreditation bodies operating in the UK.
- The CSK02 certificate would take you towards becoming an officially recognised Counsellor.
- The qualification is recognised and transferable to other courses

"Why is the course held in Glastonbury?"

- There are no other such accredited courses in Glastonbury. Glastonbury is an internationally renowned spiritual centre for Pilgrims and spiritual education, and many people are attracted here seeking a spiritual path. Glastonbury is at the cutting edge for spiritual practice thus a pioneering course such as this is much needed here.



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“What spiritual counselling experience do the tutors possess?”

- Collette is an experienced, qualified professional counsellors, working since 1984.
- We have a wealth of knowledge and experience in spiritual practice and belief systems.
- Collette is qualified in Further & Adult Education Teaching Certificate.
- We are committed to ongoing supervision and review of our professional teaching practice.
- We are **psychospiritual** therapists.
- Collette is qualified in group dynamics and group facilitation.
- Collette pioneered the unique esoteric professional trainings at the Isle of Avalon Foundation.

“How much support therapy must students have & can they choose their own therapists”

- We ask all our students to have some form of support therapy, 6 sessions in total minimum over the year. We keep a referral recommendation list if asked, but students are free to choose their own therapist and most do so.

“How much personal experience will I get on this course?”

- As this is an experiential training we keep the course numbers small and thus personal. Most teaching work is done in the group but there are paired exercises or smaller working groups. We also have individual tutorials with all our students throughout the year.